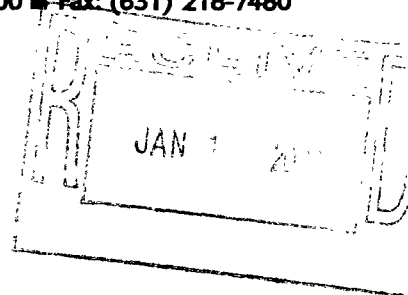




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

January 3, 2002

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Carb Whacker™, Carbo-Curb™ and Xtreme Trim™ Carb Curb Formula supplements under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthWatchers, Herbal Authority, Herbal Harvest, Herbs for Juniors, Herbal Sure, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, Select Herbal, US Nutrition and Vitamin World:

- Supports Reduced Carbohydrate Digestion
- Curbs Carbohydrate Cravings
- Promotes Sugar and Fat Metabolism
- Enhances Diet
- Finally, a revolutionary new supplement designed to support the metabolism of fat and curb your cravings for sugar and carbohydrates!
- Gymnema Sylvestre helps to support sugar metabolism and curb carbohydrate cravings.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/tk

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